

dōTERRA Balance™ Touch

Grounding Blend 10 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



Ingredients: Cocos Nucifera (Coconut) Oil, Picea Mariana Branch/Leaf Oil, Cinnamomum Camphora Linaloolifera Leaf Oil, Boswellia Carterii Oil, Tanacetum Annuum Flower/Leaf/Stem Oil, Chamomilla Recutita (Matricaria) Oil, Osmanthus Fragrans Flower Extract, Linalool*, Limonene*

PRIMARY BENEFITS

- dōTERRA Balance Touch is formulated with emotionally beneficial essential oils that work together to create a sense of calmness and wellbeing.
- The aroma of dōTERRA Balance Touch is sweet and woody and is the perfect fragrance for promoting feelings of balance and tranquility.
- A base of Fractionated Coconut Oil infused with Spruce, Ho Wood, Blue Tansy, Blue Chamomile, and Frankincense essential oils.

PRODUCT DESCRIPTION

The fresh and woody aroma of dōTERRA Balance Touch is a perfect go-to-oil when you need a little harmony in your life. Spruce, Ho Wood, Frankincense, Blue Tansy, and Blue Chamomile blend perfectly with Fractionated Coconut Oil to offer an enticing fragrance that, when applied topically, promotes calm, relaxation, and wellbeing. This convenient dōTERRA Touch Blend is perfect to keep with you whether you're at home or on-the-go!

USES

- Apply dōTERRA Balance Touch to neck and wrists to help promote feelings of calm.
- Use topically to help create a calm environment when meditating or practicing yoga.
- Apply to the bottom of feet to promote feelings of balance throughout the day.
- Apply topically before bed to steady yourself and encourage peaceful dreams.

DIRECTIONS FOR USE

For topical use only. Roll on to skin for perfuming and skin care or massage.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.



*Naturally occurring oil compounds.