

# Steady™

Grounding Blend 10 ml

dōTERRA™ | EUROPE

PRODUCT INFORMATION PAGE



**Ingredients:** Cocos Nucifera (Coconut) Oil, Amyris Balsamifera Bark Oil, Abies Balsamea (Balsam Canada) Bark Oil, Coriandrum Sativum (Coriander) Seed Oil, Michelia Alba Flower Oil, Linalool\*, Limonene\*

## PRIMARY BENEFITS

- Steady Grounding Blend has a soft, inviting, and slightly fruity aroma that can help soothe feelings when applied topically.
- This blend includes Amyris, Balsam Fir, Coriander, and Magnolia essential oils in a base of Fractionated Coconut Oil.
- Promotes feelings of calmness and brings a sense of balance to your mood.

\*Naturally occurring oil compounds.

## PRODUCT DESCRIPTION

Perfect for daily or as-needed use, Steady has a soft, inviting, and slightly fruity aroma. Steady draws on the unique benefits of essential oils such as Amyris, Balsam Fir, Coriander, and Magnolia to deliver a calming effect when applied topically. Roll Steady onto the back of your neck or wrists to balance your mood.

## USES

- Apply to the back of the neck when feeling tense to help calm emotions.
- Roll on to wrists and hands to promote tranquility.
- Apply to the bottom of your child's feet to promote peace before leaving for school.
- Apply to the back of the neck or bottoms of the feet after an event-filled day or before bedtime.

## DIRECTIONS FOR USE

Apply to desired area. Intended for use with adult supervision.

## CAUTIONS

Keep out of reach of children under 3. Possible skin sensitivity. If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth, and sensitive areas.

